


The background features a dense pattern of overlapping, irregular geometric shapes, primarily triangles and polygons, rendered in a dark grey color. A single, prominent shape in the upper right quadrant is highlighted in a bright, vibrant green. The overall aesthetic is modern and abstract.

MAINSTREAMING MASS TIMBER



The built environment faces numerous challenges, from climate change and energy consumption to costs and quality of labor. Buildings are required to be healthy and offer flexibility of use through their lifecycle to maintain relevance. Designing and constructing with **Mass Timber** offers pathways to meeting these challenges.

MASS TIMBER

Mass Timber Journey

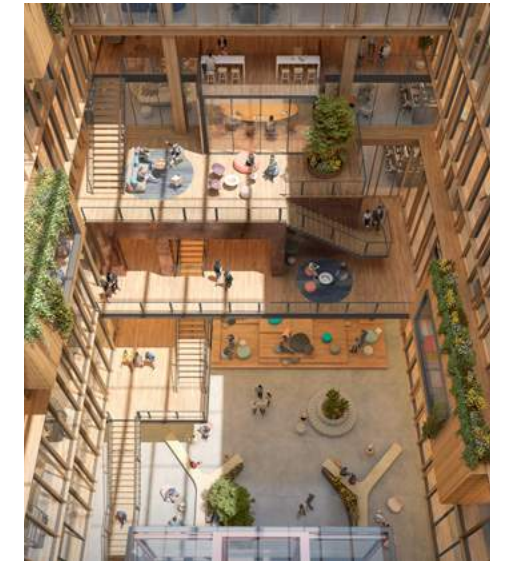
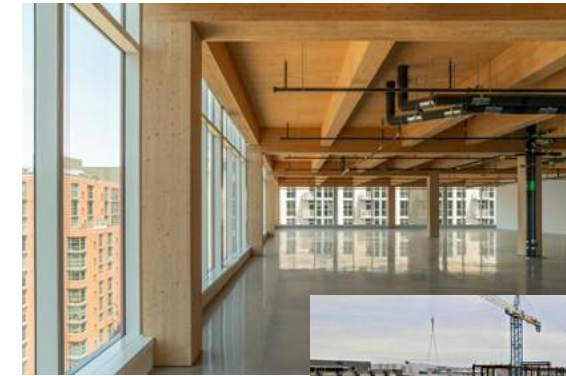
Kingman Island



Suburban Prototype



80 M Street SE



MAY 2017

Our mass timber journey begins with focused design and structural research studies to make a case for feasibility in the DC, VA and MD markets.

OCT 2017

Complete planning and feasibility study for DC's Kingman and Heritage Islands—proposing a series of outdoor classrooms and a ranger station built using mass timber.

MAR 2018

Concept study begins for 80 M Street SE, exploring the potential for a vertical mass timber addition to an existing commercial office building in DC.

AUG 2018

Complete commissioned schematic study for a mass timber office prototype for the suburban MD market.

APR 2019

Design development begins for 80 M, a decision that positions the project to become the first mass timber construction on a commercial office high-rise building in DC.

JUNE 2020

Construction begins on our mass timber addition at 80 M, which will feature two full floors of trophy class office space with 17' ceilings and an occupied penthouse level with a rooftop terrace.

OCT 2021

We explore full-block mass timber repositioning for a commercial office building in downtown DC.

SEPT 2017

Our office prototype is complete, and we begin presentations to local developers to educate them on the potential of mass timber in DC.

JAN 2018

Timber Towers—a conceptual exploration seeking to demonstrate the viability of a mass timber high-rise—wins Honorable Mention in SKYHIVE Skyscraper Challenge.

JULY 2018

Awarded a 2018 USDA Forest Service Wood Innovations grant to fund SD and DD efforts for a modular cross-laminated timber ranger station prototype for Kingman Island Park to be reused throughout the country.

SEPT 2018

Submitted for the Maine Mass Timber Wilderness Lodge competition to explore structural schemes and programming.

MAR 2020

Work begins on our mass timber multifamily prototype, applying our experience and lessons learned to an additional market expertise.

MAR 2021

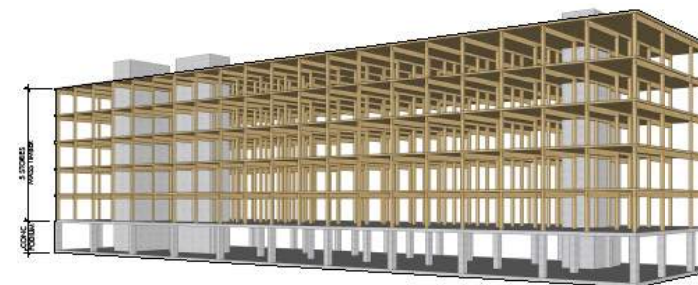
Mass timber arrives on-site at 80 M Street SE. Hickok Cole wins first client-sponsored study for a mass timber multifamily project.

NOV 2021

We explore and win the design of the first ground-up mass timber office building in DC.



Timber Towers



WHAT'S IN THE WORKS

Mass Timber Projects

80 M STREET



HARP'S LANDING



WHITEHAVEN



725 12TH ST



TYSONS TOWER



ROCKVILLE OFFICE



WHAT IS MASS TIMBER



PARALLEL STRAND LUMBER

Composite of wood strands
The strongest and stiffest
wood product available. It
is the most effective choice for
heavy beams. Unlike other heavy
timber options, PSL is often used in
applications because it can be
easily treated.

Manufacturing Process:
1. Selection of log
2. Cutting
3. Splitting into veneers
4. Drying and clipping
5. Adhesive application
6. Pressing
7. Sanding and curing
8. Cutting, marking, and packaging

Product Size:
Up to 12" thick x 18" deep x 60' long

Application:
Columns, and trusses

Trees Used:
Douglas-Fir, Larch, Pacific Silver Fir,
Western Yellow Pine, Western
White Pine, and Poplar

Fun Fact:
PSL uses waste materials from
plywood manufacturing

NAIL-LAMINATED TIMBER

NLT is created by stacking dimensional
lumber together on its edge and fastening it
together with nails. Plywood sheathing can
be added to one side to allow the product to
be used as a wall panel. It is cheaper than
other heavy timber options and more widely
accepted in building codes because it is
simple to make and simple to understand.

Manufacturing Process:

1. Grading and selection of
dimensional lumber
2. Fastening individual dimensional
lumber, stacked on edge, into
one structural element with nails
3. Installing the plywood sheathing
(optional)
4. Finishing the underside

Product Size:

Up to 12" thick x 12" wide x 100' long.
(width and length of panel only
limited by shipping and erection
constraints)

Application:

Floors, decks, walls, roofs, stair and
elevator shafts

Trees Used:

Spruce-Pine-Fir, Douglas-Fir Larch,
Alaska Yellow Cedar, Port Orford
Cedar, Southern Yellow Pine, and
many other species

Adhesive:

Nails

Fun Fact:

Nail-laminated timber has been
used to build warehouses and
factories for the past 150 years.
It was previously referred to as
heavy timber or mill decking.

GLUE-LAMINATED TIMBER

Glulam is an engineered product made
of two or more layers of lumber glued
together with the grain of all layers running
parallel to the length. Its composition
enables the production of a variety of sizes
and shapes, including curves. Glulam's size
is limited only by the manufacturing and
transportation capabilities. Glulam has
many advantages over sawn lumber, such
as greater size and strength.

Manufacturing Process:

1. Selection of dimensional lumber
2. Splicing and joining with staggered
finger joints
3. Adhesive application
4. Pressing
5. Sanding
6. Cutting, marking, and packaging

Product Size:

Up to 20" thick x 7' wide

Application:

Beams, columns, arches, trusses, and walls

Trees Used:

Douglas-Fir Larch, Southern Yellow Pine,
Hem-Fir, and Spruce-Pine-Fir

Fun Fact:

Glulam's earliest use can be traced to a
bridge built in Bavaria, Germany in the early
1800s. However, it wasn't until World War II
that glulam flourished as a building material
due to developments in waterproof glues
and fabrication technologies.

CROSS-LAMINATED TIMBER

CLT consists of several boards stacked
and glued together. To obtain specific
properties, consecutive layers may be placed in
a typical CLT cross-section contains

Manufacturing Process:

1. Lumber selection (each piece is
graded)
2. Lumber grouping and planing
3. Adhesive application
4. Panel lay-out and pressing
5. Cutting, marking, and packaging

Product Size:

Up to 15" thick x 10' wide x 64' long

Application:

Walls, floors, roofs, stair and elevator

Trees Used:

Douglas-Fir, Spruce-Pine-Fir, South
and Alaska Yellow Cedar

Fun Fact:

To fabricate CLT, some wood manu-
facturers kill the Mountain Pine B

WHAT IS MASS TIMBER?

The term *mass timber construction* is different from light-wood frame, stick-frame or even heavy timber post-and-beam structures. Mass timber usually refers to **timber products engineered for loads similar in strength to structural materials like concrete and steel.**

— USGBC

- **Cross-Laminated Timber (CLT):**
Panels consisting of three, five, or seven layers of lumber oriented at right angles to one another and glued together.
- **Dowel-laminated Timber (DLT):**
Panels created by fastening individual layers of lumber, stacked on edge, into one structural element with dowels.
- **Glue-Laminated Timber (Glulam):**
Usually beams or columns composed of individual lumber laminations and then glued together.
- **Parallel Strand Lumber (PSL):**
Usually beams or columns manufactured by gluing strands of wood together under pressure.



MASS TIMBER PROJECTS IN THE UNITED STATES

According to WoodWorks, as of December 2022 there were a total of 1,677 mass timber projects underway across the United States

- **California**
 - » CA/Built: 100
 - » In Design: 147
- **DC**
 - » CA/Built: 7
 - » In Design: 15
- **Florida**
 - » CA/Built: 28
 - » In Design: 46
- **Maine**
 - » CA/Built: 8
 - » In Design: 15
- **Massachusetts**
 - » CA/Built: 27
 - » In Design: 70
- **North Carolina**
 - » CA/Built: 42
 - » In Design: 29
- **New York**
 - » CA/Built: 23
 - » In Design: 39
- **Oregon**
 - » CA/Built: 88
 - » In Design: 34
- **Texas**
 - » CA/Built: 50
 - » In Design: 84
- **Virginia**
 - » CA/Built: 10
 - » In Design: 14
- **Washington**
 - » CA/Built: 94
 - » In Design: 55
- **Wisconsin**
 - » CA/Built: 24
 - » In Design: 19

Stage
 ■ Construction Started / Built
 □ In Design

| Stage | Mass Timber | # of Projects |
|------------------------------|----------------------|---------------|
| Construction Started / Built | CLT | 384 |
| | DLT | 20 |
| | Heavy Timber Decking | 145 |
| | NLT | 20 |
| | Post & Beam | 198 |
| | Total | 767 |
| In Design | CLT | 531 |
| | DLT | 7 |
| | Heavy Timber Decking | 32 |
| | NLT | 6 |
| | Post & Beam | 334 |
| | Total | 910 |
| Grand Total | | 1,677 |



MANUFACTURERS

- Binderholz (Austria)
- FinnForest Merk (Germany, UK)
- Hasslacher Norica (Austria, Germany)
- International Beam (Quebec + Ontario, Canada; currently building factory in Alabama)
- KLH (Austria, Sweden, UK)
- Martinsons (Sweden)
- Moelven (Norway)
- Nordic Structures (Quebec, Canada)
- Smartlam (Montana, US)
- Stora Enso (Austria)



MANUFACTURER + INSTALLERS

- Kattera (Spokane, WA; Phoenix, AZ)
- Seagate Structures — **Installer only** (BC, Canada; Washington state, US)
- Structurlam (BC, Canada)
- Structure Craft (BC, Canada)
- Structure Fusion (Montreal, Canada)

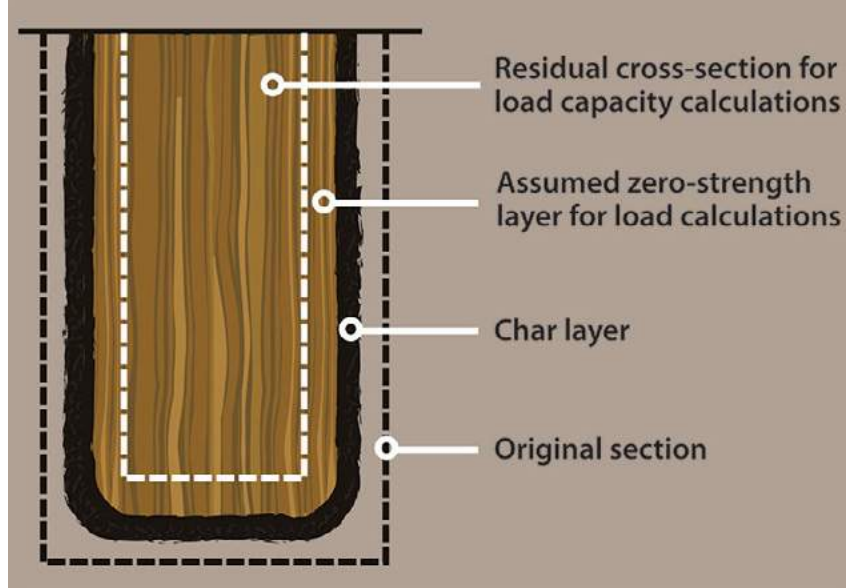


WHERE CAN IT BE USED?

- Office
- Mixed-Use
- Residential
- Institutional
- Schools
- Hotels
- Retail
- Tall Timber

COMPARED TO OTHER METHODS

Mass Timber is a structural system that rivals both concrete and steel in strength and fire safety. Mass Timber is currently allowed per IBC 2021 as part of three construction types that allow various permutations of heights and densities. Some jurisdictions have already adopted these sections to allow for taller timber structures. Mass Timber can be utilized in a Post + Beam with CLT Slab scenario or as Bearing Walls + Slabs.




Benefits of Mass Timber

STRUCTURAL STRENGTH AND FIRE SAFETY

- CLT layers are rotated 90 degrees, composite material shows a structural strength that rivals steel
- Lighter wooden buildings can withstand earthquakes better and dissipate the energy of shaking more readily than steel structures
- CLT lamination negates imperfections that any one layer has
- Increasing the density of the wood causes it to char rather than burn outright which slows destruction and helps to maintain structural integrity
- Wood performance in fire is predictable, design for fire resistance through increasing wood depth:
 - » 1hr exposure = 1.8in/hr
 - » 2hrs exposure = 1.58in/hr¹



¹ American Wood Council, 2015 National Design Specification® for Wood Construction



WHY
MASS
TIMBER



WHY MASS TIMBER?

Long Term Vision + Value

- ESG goals are becoming increasingly paramount to the missions of Fortune 500 companies and are a prerequisite to access to capital.
- Mass Timber construction aligns with various jurisdictional ESG initiatives and provides compliancy paths
- Mass Timber buildings have shown potential to drive increased rents when compared to similar buildings within like markets
- Growing confidence amongst the development community that mass timber buildings will increase in value during their lifetime and offer additional value at sale over concrete and steel structures.

WHY MASS TIMBER?

Speed to Market

- Shorter construction = less carrying costs and ability to lease and occupy sooner
- Because CLT panels offer a high level of prefabrication, CLT systems can reduce construction time by approximately 20% when compared to cast-in-place concrete system
- Mass Timber design and coordination needs committed to early to make sure construction schedule reductions can be achieved.

Compressing the Typical Construction Schedule with Mass Timber^{® 10, 11}
Look for these potential schedule savings in comparison to steel and concrete

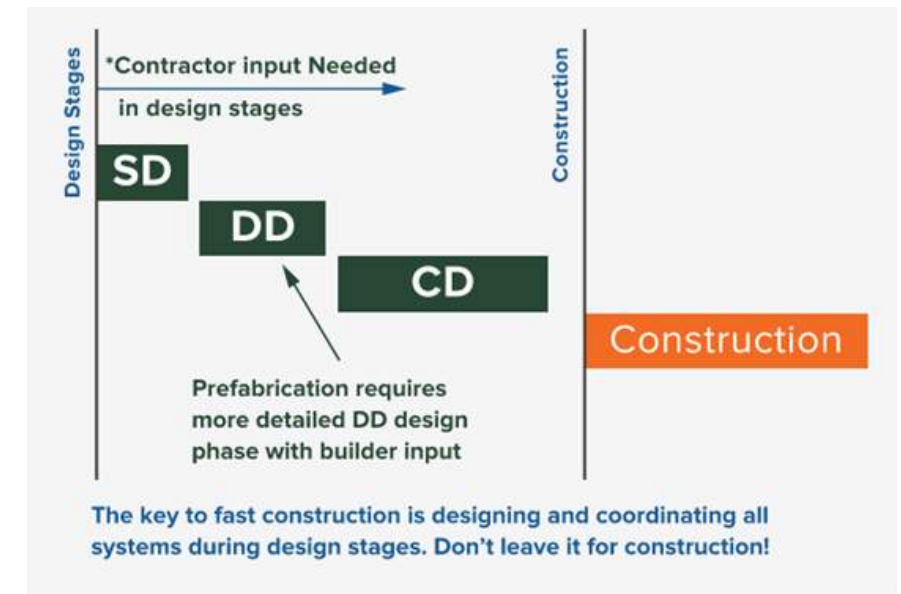
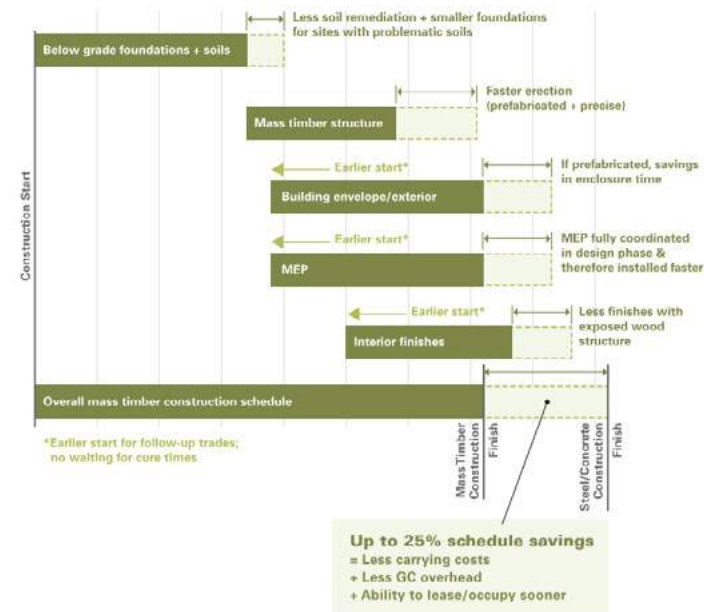


FIGURE 3-1: Builder input and engagement is essential during the design development phase.

Source: WoodWorks



WHY MASS TIMBER?

Long Term Vision + Value

- Smaller amounts of labor are needed to erect solid timber:
 - » **Bridgeport House:** 47,000 SF, 8 story, residential, 14 weeks to erect, 4 skilled laborers + 1 supervisor
 - » **Forté Apartments:** 29,000 SF, 10 story, residential, 10 weeks to erect, 5 skilled laborers + 1 supervisor + 1 trainer
30% savings over concrete
 - » **80 M Street:** 100,000 SF, 3 story, Commercial
8 weeks to erect, 7 skilled laborers 25% savings over concrete
- Due to erection sequencing, Mass Timber construction allows for various trades to access floors earlier than concrete construction.



WHY MASS TIMBER?

Structural Benefits

- **Lighter System** (30-40% less than concrete or steel)
 - » Comparable strength to steel
 - » Reduction in foundation system
 - » Minimize soil improvements
- **Prefabrication**
 - » Factory precision + tolerances
 - » Increased levels of quality control
 - » Reduced waste



WHY MASS TIMBER?

Sustainability

- **Renewable Resource**

- » Primary reliance on young growth forests (15-20 Year cycle)
- » Support healthy forest
- » Abundant renewable resource in North America

- **Carbon Sequestration**

- » Wood naturally stores carbon
- » Marshall Effect: by 2034 North America can store more carbon that it emits

- **Carbon Emissions**

- » Reduced carbon emissions in harvest and production process
- » Can be dependant on source, fabrication, and installation locations



WHY MASS TIMBER?

Aesthetic + Wellness

- **Biophilia: human's innate affinity for nature**
 - » Use of natural materials
 - » Access to natural light and airflow
 - » Closeness to water and plants
- **Health + Wellness**
 - » Improved cognitive performance and stress relief
 - » Lower heart rate and blood pressure
 - » Enhanced mood of occupants
 - » Increased preference for spaces with natural materials

1

**CHALLENGES +
CONSIDERATIONS**

KEYS TO SUCCESS

Commit Early

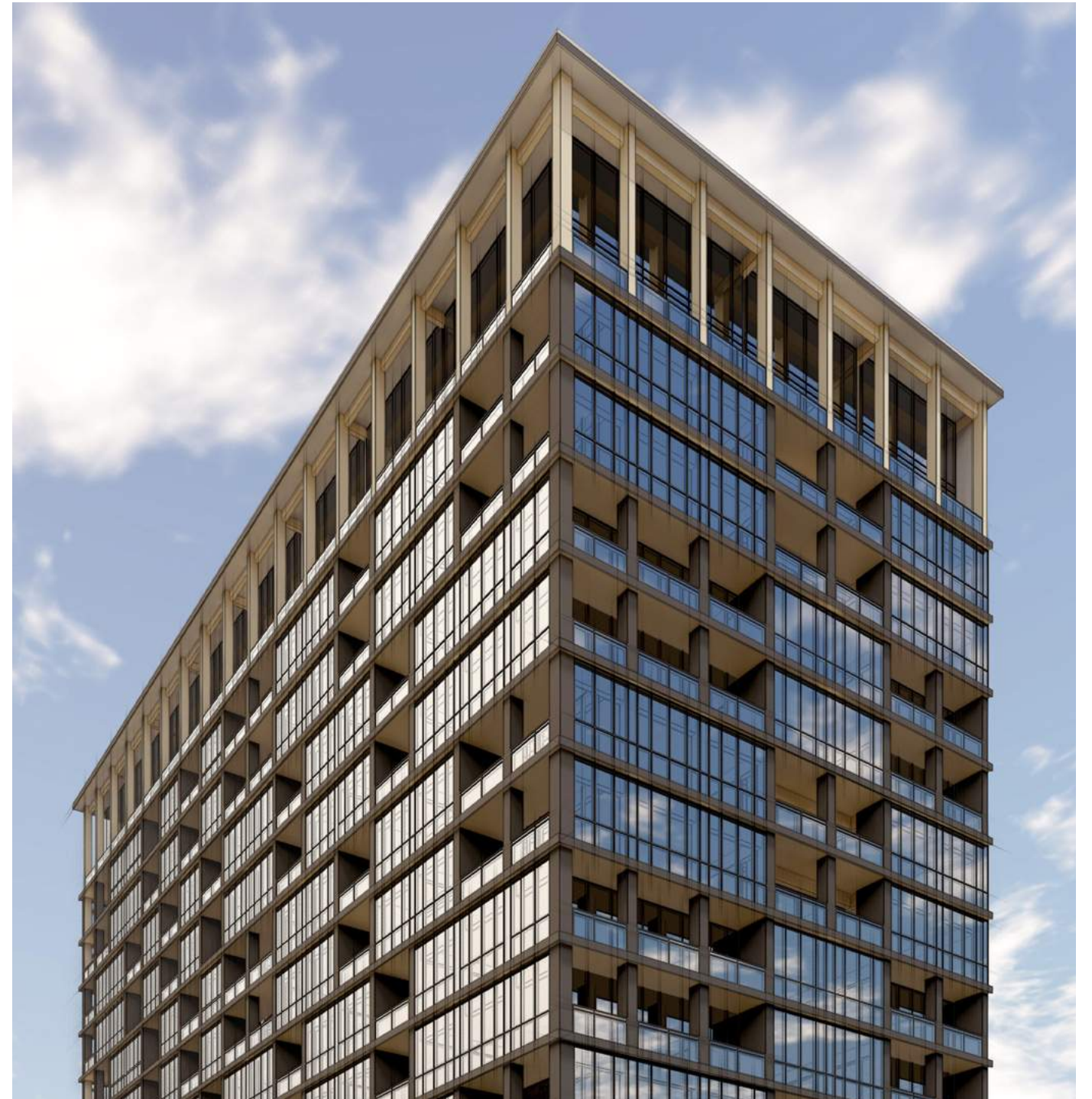
Defining and committing to a structural system early is key to efficiency in any project type. Design the building with the structural system versus design the building then apply the structural system.

Engage Early

Identifying and engaging a GC and mass timber supplier early brings a higher level of efficiency and optimization of the mass timber system and installation. Working with a mass timber supplier early in the design process is critical to controlling cost, maximizing efficiency, minimizing waste, and optimizing coordination with building systems.

Set Project Goals

Setting goals for utilizing a mass timber structural system is vital to defining a path and guiding the decision making process throughout the design and construction phases.



BARRIERS TO ENTRY

BARRIERS

STRUCTURAL DEPTH

Many mass timber buildings constructed with post and beam systems have structural depths exceeding what developers have come to expect.

COLUMN SPACING + SPANS

In order to limit structural depth and maximize efficiency of CLT spans, column grid can be much more densely spaced than typical concrete or steel systems.

GC EXPERIENCE + COMFORT LEVEL

With very few projects built entirely out of mass timber in the DMV area, few contractors understand and many are apprehensive about exploring mass timber as a competitive structural system to traditional concrete or steel.

PRICING/COST ISSUES

Because of the above mentioned issue, as well as limited Timber fabricators + suppliers in our region, pricing for Mass Timber components is higher than in other regions.

REGULATORY FRAMEWORK

Due to the relatively new nature of this type of structure to the DMV area, there is no clear or obvious compliance path under adopted codes.

SOLUTIONS

ADJUSTING THE GRID + POINT SUPPORT

Exploring shallower beams in MEP distribution zone accommodating MEP systems below beams. Utilizing Point Support system can allow for reduced floor to floor height with no beams.

EDUCATIONAL OPPORTUNITIES

HC and our partners are actively engaged in educating each other, clients, and the marketplace about the benefits of Mass Timber Construction. The establishment of Academic partnerships and development of a Mass Timber mock-up in conjunction with the Softwood Lumber Board are tools we hope will help bridge the knowledge gap in our region.

ENGAGE EARLY

Engaging GC and Manufacturers early to provide pricing, optimization, and design assistance Mass Timber models, giving us insight into the challenges and opportunities that Mass Timber construction will bring to our clients.

DIALOGUE WITH AHJ'S

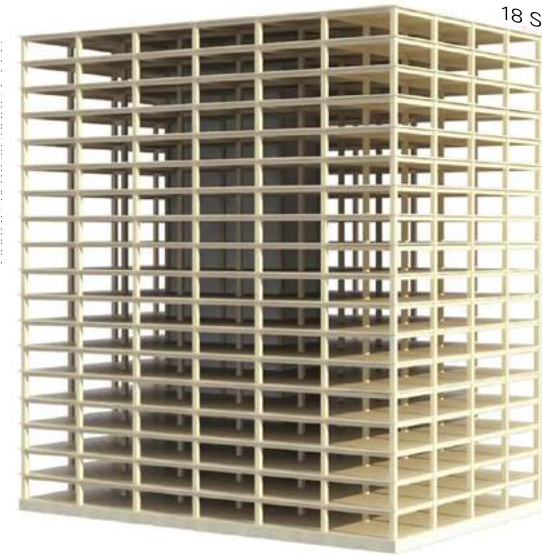
Conversations with AHJ'S have taken place where an alternate compliance path has been established. Officials are eager to see more Mass Timber projects and have offered priority paths towards permitting.

2

**RULES +
REGULATIONS**

IBC 2021 NEW CONSTRUCTION TYPES

(B) Business Use



18 STORIES
 BUILDING HEIGHT 270 FT
 ALLOWABLE BUILDING AREA 972,000 SF
 AVERAGE AREA PER STORY 54,000 SF

| TYPE IV-A | |
|--|--|
| Primary Structural Frame: | 3HR Fire Rated |
| Required Noncombustible Protection: | |
| Ceilings: | 100% Protection 0% Exposed Timber |
| Floors: | 1" Minimum Coverage |
| Interior Surfaces: | Always Required 2/3 of FRR, 80 mins min |
| Redundant water main feed at Fire Pump | |
| Fire Safety Procedures During Construction | |
| Other High Rise Requirements | |



12 STORIES
 BUILDING HEIGHT 180 FT
 ALLOWABLE BUILDING AREA 648,000 SF
 AVERAGE AREA PER STORY 54,000 SF

| TYPE IV-B | |
|--|--|
| Primary Structural Frame: | 2HR Fire Rated |
| Required Noncombustible Protection: | |
| Ceilings: | 80% Protection 20% Exposed Timber |
| Floors: | 1" Minimum Coverage |
| Interior Surfaces: | Always Required 2/3 of FRR, 80 mins min |
| Redundant water main feed at Fire Pump | |
| Fire Safety Procedures During Construction | |
| Other High Rise Requirements | |

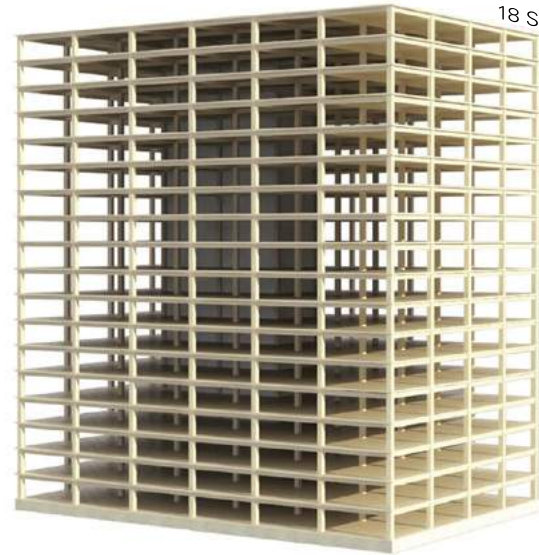


9 STORIES
 BUILDING HEIGHT 85 FT
 ALLOWABLE BUILDING AREA 405,000 SF
 AVERAGE AREA PER STORY 45,000 SF

| TYPE IV-C | |
|--|----------------|
| Primary Structural Frame: | 2HR Fire Rated |
| Required Noncombustible Protection: | |
| Ceilings: | Not Required |
| Floors: | Not Required |
| Interior Surfaces: | Not Required |
| Redundant water main feed at Fire Pump | |
| Fire Safety Procedures (Over 4 Stories) | |
| Other High Rise Requirements (Over 75 FT) | |

IBC 2021 NEW CONSTRUCTION TYPES

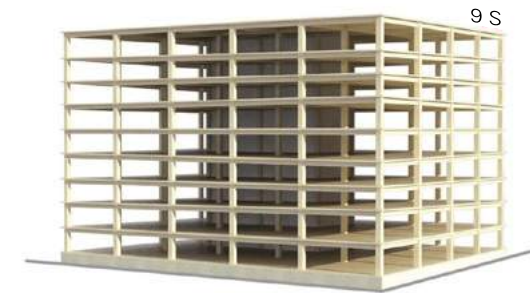
(R2) Residential Use



18 STORIES
 BUILDING HEIGHT 270 FT
 ALLOWABLE BUILDING AREA 3,312,000 SF
 AVERAGE AREA PER STORY 184,000 SF



12 STORIES
 BUILDING HEIGHT 180 FT
 ALLOWABLE BUILDING AREA 1,476,000 SF
 AVERAGE AREA PER STORY 123,000 SF



8 STORIES
 BUILDING HEIGHT 85 FT
 ALLOWABLE BUILDING AREA 615,000 SF
 AVERAGE AREA PER STORY 76,875 SF

| TYPE IV-A | |
|--|--|
| Primary Structural Frame: | 3HR Fire Rated |
| Required Noncombustible Protection: | |
| Ceilings: | 100% Protection 0% Exposed Timber |
| Floors: | 1" Minimum Coverage |
| Interior Surfaces: | Always Required 2/3 of FRR, 80 mins min |
| Redundant water main feed at Fire Pump | |
| Fire Safety Procedures During Construction | |
| Other High Rise Requirements | |

| TYPE IV-B | |
|--|--|
| Primary Structural Frame: | 2HR Fire Rated |
| Required Noncombustible Protection: | |
| Ceilings: | 80% Protection 20% Exposed Timber |
| Floors: | 1" Minimum Coverage |
| Interior Surfaces: | Always Required 2/3 of FRR, 80 mins min |
| Redundant water main feed at Fire Pump | |
| Fire Safety Procedures During Construction | |
| Other High Rise Requirements | |

| TYPE IV-C | |
|--|----------------|
| Primary Structural Frame: | 2HR Fire Rated |
| Required Noncombustible Protection: | |
| Ceilings: | Not Required |
| Floors: | Not Required |
| Interior Surfaces: | Not Required |
| Redundant water main feed at Fire Pump | |
| Fire Safety Procedures (Over 4 Stories) | |
| Other High Rise Requirements (Over 75 FT) | |

IBC 2021 NEW CONSTRUCTION TYPES

| OCCUPANCY | SPRINKLER | TYPE I | | TYPE II | | TYPE III | | TYPE IV | | | TYPE V | | |
|---|-----------|-----------|-----------|---------|--------|----------|--------|---------|---------|---------|---------|--------|--------|
| | | A | B | A | B | A | B | A | B | C | HT | A | B |
| ALLOWABLE BUILDING HEIGHT IN FEET (TABLE 504.3) | | | | | | | | | | | | | |
| A, B, R | NO | UNLIMITED | 160 | 65 | 55 | 65 | 55 | 65 | 65 | 65 | 65 | 50 | 40 |
| A, B, R | YES | UNLIMITED | 180 | 85 | 75 | 85 | 75 | 270 | 180 | 85 | 85 | 70 | 60 |
| ALLOWABLE NUMBER OF STORIES (TABLE 504.3) | | | | | | | | | | | | | |
| A-2, A-3, A-4 | YES | UNLIMITED | 12 | 4 | 3 | 4 | 3 | 18 | 12 | 6 | 4 | 3 | 2 |
| B | YES | UNLIMITED | 12 | 6 | 4 | 6 | 4 | 18 | 12 | 9 | 6 | 4 | 3 |
| R-1, R-2 | YES | UNLIMITED | 12 | 5 | 5 | 5 | 5 | 18 | 12 | 8 | 5 | 4 | 3 |
| ALLOWABLE AREA FACTOR (SF)(TABLE 506.2) | | | | | | | | | | | | | |
| A-2, A-3, A-4 | SM | UNLIMITED | UNLIMITED | 46,500 | 28,500 | 42,000 | 28,500 | 135,000 | 90,000 | 56,250 | 45,000 | 34,500 | 18,000 |
| B | SM | UNLIMITED | UNLIMITED | 112,500 | 69,000 | 85,500 | 57,000 | 324,000 | 216,000 | 135,000 | 108,000 | 54,000 | 27,000 |
| R-1, R-2 | SM | UNLIMITED | UNLIMITED | 72,000 | 48,000 | 72,000 | 48,000 | 184,500 | 123,000 | 76,875 | 81,500 | 36,000 | 21,000 |

| | | | | |
|---|--|------------------|------------------|-----------------|
| NEW CONSTRUCTION TYPES | TYPE IV-A: Fully Protected, exterior and interior | | | |
| | Exterior Walls | Sturctural Frame | Floor Protection | Roof Protection |
| | 3 hrs | 3 hrs | 2 hrs | 1.5 hrs |
| | Note: Dual water supply for fire suppression systems required at 120 feet elevation and above. No reductions in protection permitted | | | |
| | TYPE IV-B: Mass timber protected exterior, limited exposed timber interior | | | |
| | Exterior Walls | Sturctural Frame | Floor Protection | Roof Protection |
| | 2 hours | 2 hours | 2 hours | 1 hour |
| | Note: Dual water supply for fire suppression systems required at 120 feet elevation and above. No reductions in protection permitted | | | |
| | TYPE IV-C: Mass timber protected exterior, exposed timber interior | | | |
| | Exterior Walls | Sturctural Frame | Floor Protection | Roof Protection |
| 2 hours | 2 hours | 2 hours | 1 hour | |
| Note: No reductions in protection permitted | | | | |